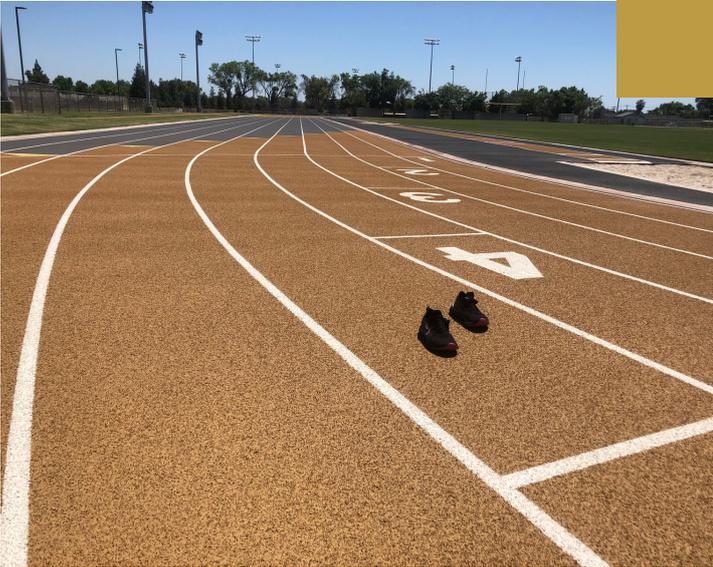


VOLLEYBALL DURING COVID

By: Lily Garcia

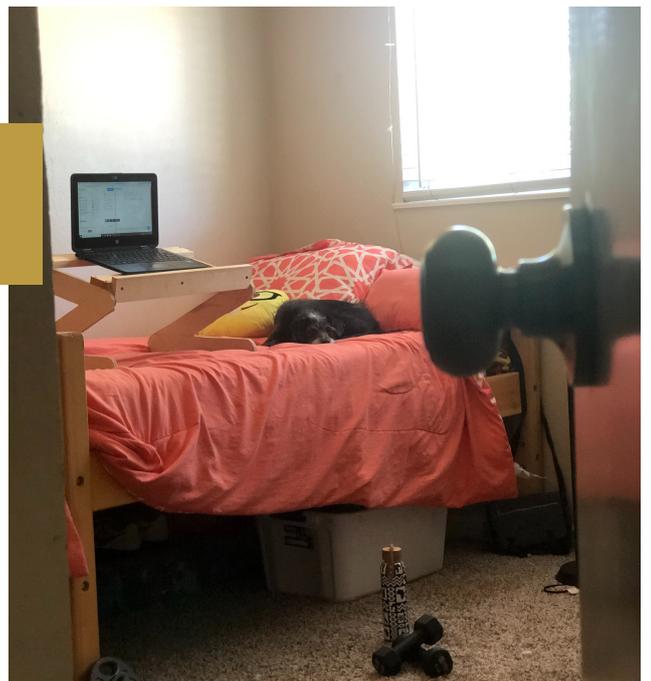
PHASE ONE



This is the process of volleyball when Covid hit till now. When Covid first hit, no one was really concerned about it that much. Little did we know that we were on for a roller coaster ride. For me, my friends and I were told that sports was put on hold and to do self training. So that what we did to the best of our abilities.

PHASE TWO

After having to deal with the loss of getting seasons cancelled for both school and club, there was finally some good news. There was going to be training. The only differences about it was this times was it was online.



PHASE THREE

After a rough couple of months that really tested us as athletes and humans, we were allowed to meet in person. We still had to follow the Covid rules but it was worth it to play the sport and see my teammates again.

PHASE FOUR



After finally getting some good news, we were sadly given some terrible news. Something we were hoping wouldn't happen again. We were told covid cases were rising again and we had to go back to online training.

Heartbreak and sadness is all I could say I felt in that moment. My teammates and I have tried so hard to stay positive during this pandemic but sometimes it's hard to stay positive. When your given hope and than have it taken away from you.

PHASE FIVE

Finally, a few months later we were allowed fully back in person and had try-outs. My teammate and I got to see each other again and play like we did before just with more safety precautions. It was different but we got to play a the sport we love and see each other again. So who could complain.



FINAL PHASE



We finally got our season! We got to play together as a team and have practices and games. The joy I feel when I play volleyball in general and with my friends is one of the best feeling in the world. Especially with the year we had volleyball was an very important outlet for me. So I was glad to be able to do it again. I couldn't have asked for a better team this year! I will never forget all the struggles we went through and how we persistence through it all and how we came together to play volleyball. I love my team and coaches very much and couldn't have asked for a better group of people to play with.